

SAFETY PLAN

This is my plan for increasing my safety and preparing for the possibility of further violence. Although I don't have control over my partner, I do have a choice about how I respond to him or her and how to get myself and my children to safety.

SAFETY DURING A VIOLENT INCIDENT

- At the first sign of an argument, I can try to move to a space that is lowest risk, such as _____ . I will try to avoid arguments in bathrooms, garage, kitchen, near weapons, or in rooms without access to an outside door.
- If it is not safe to stay, I can use _____ . What doors, windows, stairwells, fire escapes, or elevators will you use?
- I can keep my purse and keys _____ so I can always leave quickly.
- I can tell _____ (neighbor) and _____ about the violence and ask them to call the police if they hear suspicious noises coming from my house.
- I can use _____ as my code word with my children or friends so they can call for help.
- I can teach my children how to use the telephone to contact the police or fire department.
- If I have to leave, I can _____ or _____ .

*Always remember to use your judgment. If the situation is very serious, give your partner what they want to calm him/her down. You have to protect yourself until you are out of danger.

PREPARING TO LEAVE

- I can leave money and an extra set of keys with _____ so that I can leave quickly.

- I can keep copies of important documents and some extra clothes with _____.
- Documents to bring: Drivers license, ID, Social Security Cards, Marriage certificate, birth certificates, medical records and immunizations, passports, car title and registration, vouchers for food/housing, bank statements or account numbers, employment records or resume, an address book.
- I can increase my independence by opening a savings account and _____.

SAFETY IN MY HOME

- If my partner no longer lives with me, I can take action to ensure my safety and my children's safety. These include:
 1. I can change the locks on doors and windows as soon as possible.
 2. I can replace wooden doors with steel or metal doors.
 3. I can install a security system including addition of locks, an alarm, bars for windows, etc.
 4. I can install an outside motion-lighting system.
 5. I can purchase rope ladders to be used for escape from second floor windows.

SAFETY WITH A PROTECTIVE ORDER

- I can keep my protective order _____. Make sure you carry a copy of your order on your person at all times.
- If my partner breaks the order, I can call the police and report the violation.
- I can inform _____ and _____ that I have the order in effect and to call the police if they see my partner come to my residence or work.
- If my partner destroys my order, I can get another copy for the clerk's office in the county city building at 911 Tacoma Av., room #108.
- I can use voice mail and caller ID to help screen my telephone calls.
- When leaving work, I can _____.
Always have an escort to your car and try to have a varied schedule.
- If problems occur when driving, I can _____.
Know where your local police and fire stations are located.